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hello *ihola!*  
*ciao*  
bonjour *aloha*

With the needs of teachers and children changing for this upcoming school year, we realize now more than ever how important a social emotional approach to learning is. At Dynamic Lynks, we specialize in teaching social/emotional concepts through music! Dynamic Lynks is a music therapy center using music and movement to facilitate skill development in individuals of all ages and abilities. Music Therapy makes social emotional learning FUNctional for students, teachers, and parents!

Dynamic Lynks is a team of Board-Certified Music Therapists with over a decade of clinical experience specializing in the treatment of individuals with developmental disabilities, neurodivergent diagnoses, and mental health needs. Our highly-qualified staff use a client-centered approach to help each individual reach their goals through strengths-based intervention development.

Dynamic Lynks is the premier Chicagoland Music Therapy provider for schools both public and private. We offer music therapy groups and individuals sessions for K-12<sup>th</sup> grade self-contained, blended, and inclusion programs. Our programs are best suited for students with developmental, intellectual, and physical disabilities, as well as individuals with mental health needs, anxiety, and behavioral struggles.

**We currently provide services both virtually and in-person to meet the growing needs of our community. Our team is eager to help students thrive during this challenging time!**

Please find more details on our music therapy sessions, and their efficacy, below and at [dynamiclynks.com](http://dynamiclynks.com). I hope to speak with you more about how we can help your students reach their fullest potential.

#### ABOUT US

Dynamic Lynks provides comprehensive therapeutic sessions to spark lasting change in children of all ages & abilities. Dynamic Lynks emphasizes psycho-education, taking you from stress to success with holistic help and hope. All while having a little fun along the way!



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## BENEFITS OF MUSIC THERAPY IN SCHOOL SETTINGS

In group sessions, students will benefit from interventions targeting goal areas including communication, cognition, social/emotional skills, motor/physical skills and sensory regulation.

Specifically, you can expect to see:

- Expressive and receptive language work
- Opportunities for emotional expression
- Increased emotional regulation
- Play-based social skill exploration
- Implementation of sensory-regulation strategies
- Cognitive and attention skill development
- And so much more!



**MUSIC-ASSISTED  
RELAXATION**

*Self-Regulation*

**STRUCTURED  
SONGWRITING**

*Emotional Expression*

**INSTRUMENT  
PLAY & SINGING**

*Social Communication*

Dynamic Lynks, and our amazing staff of Board-Certified Music Therapists, have developed unique and engaging curriculum for schools all across the Chicagoland area. We are eager to create the perfect sessions to meet your students' needs.

**Our clinical training & expertise allows us to take scientific research and turn it into tangible results through FUNctional play!**



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## CLINICAL APPROACHES & THEORETICAL PHILOSOPHIES

Dynamic Lynks uses a holistic, client-centered approach in all therapy sessions. This means using multiple philosophies and clinical protocols in our Music Therapy treatment plans to access the brain-body connection, and best impact our clients' outcomes. Our team of therapists creates specific goals and objectives to target in each therapy session based on the group's areas of need. They approach skill development in those areas through a variety of music therapy techniques.

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**Holistic Services is not just a slogan, but truly a treatment approach focused on accessing the whole person to help each child reach their fullest potential.**

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**Some of the evidence-based protocols we use in our therapy sessions include:**

- **Neurologic Music Therapy** – Provides specific, individualized, and standardized interventions for those affected by neurodevelopmental disabilities, neurologic injury, or disease.
- **Behavioral Music Therapy** – Music is selected, created, improvised, and implemented to shape an individual's behavior by serving as a cue, serving as a time and body movement structure, as a focus of attention, or as a reward.
- **Psychotherapy and Music** – The use of music to achieve psychosocial and emotional outcomes, such as developing insight, self-expression, and self-esteem – allowing the individual to express themselves beyond the verbal level, and on to the creative level.
- **Improvisational Music Therapy** – Based on the belief that everyone possesses a sensitivity to music that can be utilized for personal growth and development. Through this interaction, therapists support and enhance the clients' expressive skills and their ability to relate to others.

## ASSESSMENT PROTOCOLS FOR GOAL DEVELOPMENT

**Tracking goals and progress for lasting change.** In addition to using our original assessment tool, we also use the standardized Music Therapy Social Skills Assessment (MTSSA) in our Music Therapy groups. The MTSSA allows sessions to target specific and individualized goals for each student.

Through targeting these specific social skills, students are able to engage in processing and increasing their social opportunities. Social skills not only help students in many functional domains, but also help them engage in their learning environment by being able to better attend to and learn from teachers, staff, and peers.



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## LAYOUT OF A SESSION

**Custom designed for your needs** – Our music therapy groups are tailored to your students’ goals, interests, and strengths. Below are interventions you will typically see in your sessions.

- **Hello songs** – encouraging positive social interactions with peers and emotional expression of individuals needs.
- **Instrument play** – targeting attention skills through group instrument play, call and response patterns, and selective attention activities.
- **Musical Composition** – creating original songs as a group to work on collaborative problem-solving, social skills, and executive function skills.
- **Movement** – focusing on gross and fine motor skills, as well as providing opportunities for leadership.
- **Singing** – improving fluency, articulation, and expressive language skills, as well as providing opportunities for teamwork and group cohesion.
- **Music and Technology** – engaging children through a familiar medium to create tangible products such as music videos or recorded songs to target skills across clinical domains.

Using evidence-based research, we developed a session arc to most effectively teach new skills and help children thrive. We keep students engaged for the duration of a session so they can benefit from every intervention.

## FLEXIBLE OPTIONS TO MEET YOUR BUDGET PRICING AND BILLING

Dynamic Lynks is committed to quality care at an accessible price. We offer a range of services to meet your needs and are eager to help you find the perfect program for your budget.

<i>MUSIC THERAPY SERVICES COST</i>	HOURLY	½ DAY	FULL DAY	MAX # OF STUDENTS
1 Music Therapist	\$100	\$275	\$510	15
2 Music Therapists	\$190	\$535	\$1,000	25-30

\*Travel costs added based on current IRS and Dynamic Lynks guidelines

We proudly offer flat rate pricing. You will never be billed for preparation, documentation, or consultation time. The costs above give you all of that, and more! Your students benefit from highly-trained professionals who make learning and growing fun, all at one price to you.



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## TESTIMONIALS AND REVIEWS

### WHAT THEY SAY ABOUT US

Dynamic Lynks prides itself on creating community through our music therapy sessions. We empower students, families, and parents through effective strategies and interventions. But don't take our word for it, hear what our community has to say about us!

"I highly recommend Dynamic Lynks Music Therapy. This is one of the only times per week that I get complete engagement from everyone in my class. Students not only participate in singing and playing instruments, they work on academic, communication and social/emotional skills."

- Claire, Special Education Teacher

"Comprehensive, strengths-based supports specifically tailored to my child. The therapists got to know my child and used their expertise to connect with him and develop a plan that built on his abilities and interests to improve his areas of growth."

- Carrie, Parent

"Session topics are relevant and of high interest, students are always actively engaged!! Thank you for your creative lessons addressing social/emotional needs of all learners!"

- Meghan, Special Education Teacher

"Allows my boys to improve their self-regulation and social skills, but they don't even know it as the classes are fun. It is a lesson on sharing, taking turns, encouraging one another, all done through songs, stories, dancing and pure fun. I highly recommend!"

- Laura, Parent

"Flexible, communicative, perceptive and work well with people of ALL backgrounds, ability levels and ages! I am constantly amazed by the professionals who work at this organization and highly recommend giving them a chance!"

- Amy, Special Education Teacher

**We can't wait to provide the same results for you!** Learn more at [dynamiclynks.com](https://dynamiclynks.com) and contact us today for a free consultation on how we can create the perfect program for your students. We can't wait to help you thrive, even in the most challenging of times!



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